

MENTAL HEALTH RESOURCES

Dear Neighbors,

To help constituents, we've developed the following list of Mental Health resources in New Jersey's Third Congressional District and beyond.

This list includes organizations with a wide variety of services, from family counseling to crisis interventions. We're always looking for more organizations to add; if there are other organizations you would recommend to help our neighbors, please contact our office

Sincerely,



TOMS RIVER: (732)-504-0490

WILLINGBORO: (856)-703-2700

WASHINGTON DC: (202)-225-4765

CONGRESSMAN

**ANDY
KIM**
NJ-03



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MENTAL HEALTH RESOURCES

Ocean County Resources:

- **Preferred Behavioral Health**

- Substance Use Services, Mental Health Services
- 700 Airport Road, Lakewood, NJ 08701
- <https://www.preferredbehavioral.org/services/substance-use-services/>
- (732) 367-4700, x.7186

- **Healy Counseling Associates**

- Gambling, Anger Management, Adolescent Services
- 1310 Hooper Ave, Suite 1, Toms River, NJ, 08753
- <https://www.healycounseling.com/>
- (732) 797-0400

- **The Counseling Center at Toms River, NJ**

- Mental Health and Behavioral Health Services
- 1198 Lakewood Rd, Toms River, NJ, 08753
- <https://tomsrivercounselingcenter.com>
- (732) 736-6559

- **Barnabas Behavioral Health**

- Mental Health and Behavioral Health Services
- 1691 U.S. Highway 9 CN 2025, Toms River, NJ 08754
- <https://www.rwjbh.org/our-locations/behavioral-health-center/barnabas-health-behavioral-health-center/Catholic>
- (732) 914-1688

- **Bright Harbor Healthcare**

- Counseling, Crisis, Outpatient, and Substance Abuse Services
- 687 Atlantic City Blvd, Bayville NJ 08721
- brightharbor.org
- (732) 575-1111

- **St. Francis Counseling Services**

- Counseling for families, adults, and children, available in English and Spanish
- 4700 Long Beach Blvd., Long Beach Twp., NJ 08008
- <http://stfranciscenterlbi.org/counseling-service>
- (609) 494-1554

MENTAL HEALTH RESOURCES

Burlington County Resources:

- **Alpha Child and Family Center**

- Counseling for individuals, couples, children, and families
- The Presidential Center, 101 Route 130 South, Suite 560 - Jefferson Building
- <http://alphachildandfamily.com/>
- (856) 499-0434

- **Legacy Treatment Center**

- Extensive Mental Health Services
- 1289 Route 38 West Suite 203, Hainesport, NJ 08036
- <https://www.legacytreatment.org/>
- (609) 267-5656

- **Jewish Family and Children's Service**

- Mental Health and Addiction Services, Counseling for children, adults, and families
- 1301 Springdale Rd #150, Cherry Hill, NJ 08003
- www.jfcssnj.org
- (856) 424-1333

- **Oaks Integrated Care**

- Mental Health, Addiction and Developmental Disability Services
- 770 Woodlane Rd, Mount Holly, NJ 08060
- www.oaksintcare.org
- (609) 267-5928 Access Center: 1-800-963-3377

MENTAL HEALTH RESOURCES

New Jersey Statewide Resources:

- **Catholic Charities**

- Mental Health and Addiction Services
- 25 Ikea Drive, Westampton NJ 08060
- <https://www.catholiccharitiestrenton.org/locations/burlington-county/>
- (609) 267-9339

- **NJ Psychiatric Association**

- Find a Psychiatrist Resource
- <https://www.njpsychiatry.org/>
- (908) 588-3540

- **NJ Psychological Association**

- Find a Psychologist Resource
- <https://www.psychology.nj.org/find-a-psychologist#/>

- **Mental Health Association in New Jersey (MHANJ)**

- Mental Health and Substance Abuse Resources
- 25 South Shore Drive, Toms River, NJ 08753
- www.mhanj.org
- (973) 571-4100

- **NJ Connect for Recovery**

- Help for those with family members who have substance abuse disorders
- (855) 652-3737

- **NJ Mental Health Cares**

- Behavioral Health Information and Referral Service
- www.njmentalhealthcares.org
- (866)-202-4357

MENTAL HEALTH RESOURCES

Federal Resources:

- **National Alliance on Mental Illness**
 - <https://www.nami.org/Home>
 - Help Line: 1(800)-950-6264
- **National Institute of Mental Health**
 - www.nimh.nih.org
 - (301) 443-4513
- **Mental Health America**
 - <https://www.mhanational.gov>
 - (866) 615- 6464
- **Depression & Bipolar Alliance**
 - <https://www.dbsalliance.org/>
 - (800) 826-3632
- **Substance Abuse & Mental Health Services Administration**
 - find treatment.gov or findtreatmentsamhsa.gov.
 - (877) 726 4727
 - National help line: (800) 662 4357